

L words for lipreading practice

You can practise these using a mirror or with a friend.

like	let	lettuce	load	lock	listen	limestone	lamp
list	lost	lend	lease	luke	lead	dolphin	polly
blow	silver	salesman	salt	holly	silkworm	flipper	fall
scholar	shallow	succulent	delicious	gullible	lonely	feel	
label	likely	lollipop	careful	school	little	bell	
meal	mettle	proposal	capable	shall			

Exercise: look in the mirror or practise with a friend. Can you see the difference between these words?

Left - theft low - though link - think tile - tithe

Will - with melodically - methodically

Now try these:

Lot – not	let - net	line – nine	lest – nest
Low – know	light – night	lock – knock	dally - Danny

Can you see the difference?

Here are some lipreading tips: many of them have words with L in them.

When you are lipreading you need	because
to have good light	you need to see the speaker's face more clearly.
to be alert	you can notice more clues.
people to keep still when speaking	it's easier to watch their faces.
people to speak clearly	you are better able to see lip movements.
people to face you	you can't lip read the back of their head.
people to speak a little more slowly	then you won't get left behind.
people to speak with normal rhythm	following natural speech rhythms help.
people to have an expressive face	expression gives clues.
to know the subject/topic being discussed	it's easier to recognise words.
to listen as well	hearing helps to get message.

Remember to explain that you are hard of hearing because most people will try to help.