

RHYTHM CAN HELP US TO LIPREAD MORE EFFECTIVELY.

We can often recognise what someone is saying by the rhythm and this helps us to anticipate what might be coming next.

Here are some well-known rhymes. They all have sounds in them that we have practised.

See how well you can lip read them in a mirror or with a friend. It's good to get the feel of the sounds and words formation and the rhythm.

Here's the first one:

In Hartford, Hereford and Hampshire, Hurricanes Hardly ever Happen.

Here's another:

Run rabbit, run rabbit, run, run, run.
Don't give the farmer his fun, fun, fun.

Here's another:

Jack and Jill went up the hill
To fetch a pail of water.
Jack fell down and broke his crown
And Jill came tumbling after.

Here's another:

Lucy Locket lost her pocket.
Kitty Fisher found it.
Not a penny was there in it
Except the binding round it.

Try this one:

There was a crooked man, and he went a crooked mile,
He found a crooked sixpence beside a crooked stile;
He bought a crooked cat, which caught a crooked mouse,
And they all lived together in a little crooked house.

This one's quite difficult:

Old King Cole was a merry old soul
And a merry old soul was he.
He called for his pipe and he called for his bowl
And he called for his fiddlers three.

Can you lip read these?

Humpty Dumpty sat on a wall,
Humpty Dumpty had a great fall;

Hey, diddle, diddle!
The cat and the fiddle,
The cow jumped over the moon;

Last one:

Goosey, goosey gander where do you wander

You could find more rhymes and sayings to practise if you like.