

Here are some phrases for you to lipread. Here are some phrases that you might use when you are talking about yours or someone else's health.

They may be familiar phrases that you often use or they may be similar to ones that you use.

You could try practising these phrases either in a mirror or with a friend.

How do you feel?

How are you today?

Are you feeling fighting fit?

Are you feeling fit as a fiddle?

Are you feeling well?

Are you feeling hale and hearty?

You look good

You look well.

I'm feeling fine.

I feel fine

I'm feeling a little seedy.

I'm feeling good.

I'm in the pink!

I feel great.

I don't feel so good.

I'm feeling under the weather.

I don't feel too well.

Have you been ill?

Have you seen the doctor?

Have you got to go again?

You ought to see a doctor.

Have you been in hospital?

Are you going to hospital?

Why?

Have you got to stay in?

How long have you got to be in (hospital)?

Did you go to hospital by ambulance?

How was being in hospital?

Were the nurses and doctors good?

I can't say enough how well I was looked after.

I didn't like it very much.

What was the food like?

The food was very good.

The food was awful.

I feel relaxed and much better.

Have you got to have medication?

Have you got to have treatment?

Have you got to have an operation?

You could add your own phrases that you have found to come up regularly.