

Here are some phrases for you to lipread. They may be familiar phrases that you often use or they may be similar to ones that you use.

These are phrases that you might need to lipread because we often use colour to express ourselves.

You could try practising these phrases either in a mirror or with a friend.

I'm feeling blue

He was as white as a sheet.

He was as white as a snow

He was as black as coal.

He was as black as pitch.

She went as red as a beetroot.

It was rose red.

It was snow white.

They were blue with cold.

As green as grass.

As good as gold.

As blue as the sea.

As blue as the sky

I was green with envy.

As good as gold.

The silvery moon.

The moon was blue.

He showed the white feather.

Every cloud has a silver lining.

As brown as a berry.

Her teeth were pearly white

I saw a robin redbreast.

He told a white lie.

Have you ever seen a blue movie?

We caught the red light.

We must use our grey matter.

I got it on the black market.

He was being black mailed.

There was a red alert!

The clue was a red herring

I'm running the white elephant stall.

He has a black sense of humour.

She was the black sheep of the family.

They said he wouldn't fight because he was yellow.

There's too much red tape.

We got the green light for our party.

You could add your own phrases that you have found to come up regularly.