

We often use common phrases when we are in a given situation e.g. making a doctor's appointment.

If we practise recognising some we may be able to take some of the stress out of these situations.

You can practise these in any order that you like.

It is for you to decide if and when you would like to practise these everyday phrases.

You may need one of the groups for a specific event.

You decide what's best for you.

My suggested order is:

1. Greetings
2. Daily life
3. Food and meal times
4. Ordering a meal
5. Health
6. Making health appointments e.g. doctor
7. Weather
8. General shopping
9. Shopping for shoes & clothes
10. At the hairdressers
11. Taste
12. Seasons

13. Christmas
14. New year
15. Easter
16. Bonfire night
17. Colour expressions
18. Directions